

Bumper Crowd for Seven Entrepreneurs

Our meeting on 9th September, organised by the incomparable Sally Roberts, was one of the most memorable to date. Seven of Harrogate's most successful business leaders shared tips and experiences with 'chat show host' Sally and the audience. Some of the most important messages were:

- Work hard and believe in yourself to achieve great things.
- Develop a strong work ethic and stick to your values.
- Things go wrong, but it's important to learn from them and adapt quickly.
- Hire people better than yourself, support them, and listen.
- Ensure clients know *everything* your business does, even if some products or services don't fit their current needs, because needs can change.
- Be honest with yourself about your business idea. Is it a viable, winning idea or just a pipe dream?

Huge kudos and thanks to Marcus Black (ICB/Slingsby), Jacqui Hall (CNG), Neil Richards-Smith (NCI Insurance), Hazel Barry (H2K Harrogate), Neil Addley (JudgeService), Peter Bates (Ellis Bates), and Scott Mackintosh (Think Methodology) for providing the most entertaining and insightful evening.

Our sincere thanks go to the Majestic Hotel, who provided everything we needed, including fabulous food. We'd also like to thank Tim Hardy for being our resident photographer on the night. Tim provided us with a huge portfolio of excellent photographs completely free of charge. Additional thanks to Martin Mann and Sam Oakes, our technical team extraordinaire.



The Importance of Mental Health in the Workplace

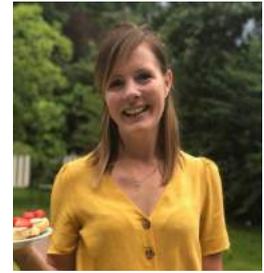
In 2017/18 in the UK, **15.4 million** work days were lost due to work-related stress, depression, or anxiety. **Phill Holdsworth**, Co-founder and Director of **AurumGold Limited**, has organised a very insightful event around Mental Health. You'll hear from Phill, Emily Fullarton, and Simon Gregory. This meeting is especially pertinent to those organisations that want to do more in tackling poor mental health in the workplace but are not sure how.

AurumGold work in the field of poor mental health prevention through promoting positive wellbeing within organisations, which improves their branding, profitability, and creates a happier place to work. According to 2018 research from Accenture, nine in ten UK workers have been touched by mental health challenges, either directly or indirectly, while 66% have personally experienced mental health challenges. Phill will argue the business case for adopting preventative measures in the workplace, along with his personal story of overcoming mental health challenges as a result of psychological bullying.

Emily Fullarton, Accredited Counsellor and Psychotherapist, is Executive Director at **Wellspring Therapy and Training**. Emily will be setting the scene, and filling us in on what the need is nationally and locally for Mental Health support. She'll also take us through an explanation of how MH issues develop, how stress plays a part, and what Wellspring does to help this problem.



Phill Holdsworth



Emily Fullarton



Simon Gregory

Simon Gregory, Managing Partner of recruitment agency **GPS Return** will explore flexible working and how it can have a positive impact on your workforce's Mental Health and emotional wellbeing, as discovered by some of GPS Return's clients, from FTSE250 to micro-businesses.

This meeting is relevant to all organisations, whether you have a workforce of 5 or 5,000. Click the button below to register.

Date: Monday, 7th October 2019

Time: 5.30pm to 8pm

Venue: Country Living St George Hotel, Ripon Road, Harrogate, HG1 2SY

[Register here](#)

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Take the bus during the UCI

The Harrogate Bus Company will be doing their utmost to ensure buses are running as normally as possible during the UCI. For up to date information on timetables and routes, visit yorkshire2019travel.com.



Henshaw's coming of age

Henshaws turns 21 this year and is launching a celebratory appeal, looking for support from 21 local businesses. They have secured help from nine so far. Could yours be the business to help with vital funding to allow Henshaws to remain at the forefront of disability support? If you can help, ring Gemma Young on 07825 599622 or email gemma.young@henshaws.org.uk.



GRF Emergency First Aid at Work course

GRF Associates' next ofqual-regulated one-day Emergency First Aid at Work course will be running at Hotel du Vin, Harrogate, on Tuesday, 5th November. The cost is £70 per person.



How will stronger tenants' rights affect you?

R. The Government has launched a consultation on changes to the private rental section which they describe as a "generational change". In particular, they want to increase the rights of tenants so that it is much more difficult for Landlords to get their property back until the tenant agrees to vacate. For example, as Landlord, you would not be able to get your property back if you wanted to sell it or move a relative in.

As a legal practice, Raworths have considerable concerns that the new intended law will swing the pendulum of rights too far to tenants and that the

reasons given for the new proposed law by the Government are unfounded. Indeed, we believe that the new law could be counterproductive for tenants since Landlords may be more reluctant to put their properties up for rent thereby reducing availability and increasing rents.

Raworths have launched an online survey of local landlords and intend to report back to the Government on the responses we received by the deadline in late October.

If you own a property business or rent out a property, please complete the online survey that you can find [here](#).

Top award for Naughtone

Furniture design and manufacturing company Naughtone are the recipients of the Queens Award for Enterprise. What an amazing accolade! The company describe what they do as 'useful, beautiful furniture'.



Harrogate Christmas Market

The Harrogate Christmas Market is back on Montpellier Stray for its eighth year, from Thursday, 14th November to Sunday, 17th November. This hugely popular, not-for-profit event relies on volunteers to organise and run the market. If your business is looking for an outlet to earn Corporate Social Responsibility points, you might wish to consider volunteering for a shift as a 'Market Maker' on any of the four days. If so, please email Steve Scarre at stevescarre@btinternet.com.

